

# UCEAP HEALTH CLEARANCE INSTRUCTIONS

## UC SANTA CRUZ

- If you are a UCSC student who has been selected for participation in an UCEAP program, YOU ARE RESPONSIBLE for completing your UCEAP Health Clearance by the deadline indicated on your UCEAP Pre-Departure Checklist.
- The Health Clearance process is designed to safeguard your health while studying and living abroad -- it is in your best interest to be open and candid about your personal health.
- Your health history MUST be reviewed by a health care provider to participate in a UCEAP program.
- If you are being treated by a specialist you may need further evaluation.

UCSC Student Health Center uses integrated medical and mental health records, which may indicate that you have received service from Counseling & Psychological Services. If the SHC sees in their system that you had an appointment with CAPS, they reserve the right to require your treating provider's signature on your Health Clearance Form.

Follow the instructions for your UCEAP country below.

[Click here](#) to direct to the UCSC Student Health Center UCEAP Health Clearance website.

### FOR STUDY ABROAD IN:

**BOTSWANA  
GHANA  
INDIA  
SENEGAL  
SOLOMON ISLANDS  
SOUTH AFRICA  
TANZANIA**

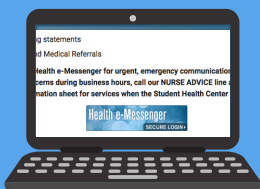
COMPLETE YOUR HEALTH CLEARANCE THROUGH  
THE **UCSC STUDENT HEALTH CENTER**

#### STEP 1:

Follow the instructions for completing the UCEAP Online Health Clearance on the UCSC Student Health Center website. It can take up to 3 weeks to complete, so start the process at least **1 month** prior to the UCEAP deadline provided in your **UCEAP Pre-Departure Checklist**.

#### STEP 2:

Sign on to the secure **Health e-Messenger** on the Student Health Center website and follow the **detailed, specific instructions** provided.



#### STEP 3:

**Send** your completed & signed Health Clearance Form to UCEAP by the deadline in your **UCEAP Portal**

### FOR STUDY ABROAD IN:

**ALL OTHER COUNTRIES**

COMPLETE YOUR HEALTH CLEARANCE THROUGH  
EITHER **UCSC STUDENT HEALTH CENTER**  
OR PRIVATE HEALTH CARE PROVIDER

#### STEP 1:

##### UCSC HEALTH CENTER

Follow the instructions for completing the UCEAP Online Health Clearance on the UCSC Student Health Center website. It can take up to 3 weeks to complete, so start the process at least **1 month** prior to the UCEAP deadline provided in your **UCEAP Pre-Departure Checklist**.

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##### PRIVATE HEALTH CARE PROVIDER

[Click here](#) to print a Confidential History Form.  
[Click here](#) to print a UCEAP Health Clearance Form.  
[Follow the instructions on the forms.](#)

#### STEP 2:

##### UCSC HEALTH CENTER

Sign on to the secure **Health e-Messenger** on the Student Health Center website and follow the **detailed, specific instructions** provided.

----OR----

##### PRIVATE HEALTH CARE PROVIDER

Make an appointment with your health care provider & bring required documents. Follow any instructions or advice provided.

#### STEP 3:

**Send** your completed & signed Health Clearance Form to UCEAP by the deadline in your **UCEAP Portal**